

# day camp

The YMCA of Metropolitan Chicago Day Camps provides children with summer adventures that promote a healthy spirit, mind and body. Children spend time indoors and outdoors as experienced staff lead campers in a wide variety of activities each day, including arts and crafts, games, skits and songs, sports, instructional/recreational swimming, and weekly off-site field trips.

In addition, the YMCA continues to incorporate its healthy kid's curriculum into its day camp programs. Children participate in weekly interactive workshops with local law enforcement, local fire departments, doctors, dentists, nutritionists and athletes to gain basic knowledge on how to incorporate proper nutrition, exercise and positive self images into their everyday lives.

At the YMCA, our day camps are accredited by the American Camping Association (ACA), which means that we maintain the highest standards regarding program quality. We believe the most important elements of a positive day camp experience are the safety and well-being of your child. That's why our camps have the following:

- Professionally and thoroughly trained staff
- Healthy Kids Program daily activities
- ACA Staff Ratios and Accreditation
- Focus on the four core values of Caring, Honesty, Respect and Responsibility

#### ACA Staff to Camper Ratios

Camper Age	Number of Staff	Number of Campers
Age 3-5	1	6
Age 6-8	1	8
Age 9-15	1	10



# resident camp

The YMCA of Metro Chicago also operates four overnight camps in beautiful, rural settings, providing a refreshing shift in perspective for urban and suburban children and adults alike. Engaging in a wide range of sports, crafts and cultural activities, children learn more than just swimming and horseback riding, archery and acting, hiking and kayaking. They learn about nature and their place in it. About self-reliance and teamwork. About the joy of discovery and the pleasure of learning in any environment. YMCA Resident Camps also cater to families and adults, because we think adults should have the chance to reacquire themselves with the very things their children are experiencing.

#### YMCA Camp Duncan [www.ymcacampduncan.org](http://www.ymcacampduncan.org)

YMCA Camp Duncan is located 55 miles Northwest of Chicago. Camp provides children a place to have fun while they learn how to make new friends, build new skills and grow in self-reliance. Camp Duncan is situated on 278 acres and offers boating, campfires, archery, climbing tower, swimming in an indoor pool and much more. Camp Duncan's program is based on the YMCA's core values of Caring, Honesty, Respect, and Responsibility. Camp Duncan is a co-ed, summer resident camp for children ages 7-17 years old. For more information about Camp Duncan visit [www.ymcacampduncan.org](http://www.ymcacampduncan.org) or call 847.546.8086 or email [info@ymcacampduncan.org](mailto:info@ymcacampduncan.org).

#### YMCA Camp MacLean - Burlington, WI [www.camppmaclean.com](http://www.camppmaclean.com)

Camp MacLean is a great place for kids to grow and learn! Located just 90 minutes from Chicago in beautiful SE Wisconsin on 247 acres of woods and lakefront property. The camp offers fun and challenging activities such as swimming, skyway climbing, boating, kayaking, archery, hiking, and much more. We also leave room for plenty of traditional camp activities including sing-alongs, campfires and campouts. Visit [www.camppmaclean.com](http://www.camppmaclean.com) or call 262.763.7742.

#### YMCA Camp Nawakwa [www.nawakwa.com](http://www.nawakwa.com)

Camp Nawakwa offers a unique experience — an opportunity to bring together whole families, not just children, through camping. The camp is located in Lac du Flambeau, WI and offers, swimming, boating, kayaking, canoeing, boat in breakfast, potluck dinner, arts & crafts and many other family oriented programs. Come and make friends and leave with memories that will last a lifetime. Visit [www.nawakwa.com](http://www.nawakwa.com) or call 715.588.7422.

#### YMCA Camp Pinewood [www.camppinewood.com](http://www.camppinewood.com)

For over 80 years Camp Pinewood has provided amazing outdoor camping opportunities for children from all over the Chicago area. Located on the edge of the Manistee National Forest in Western Michigan, Pinewood offers a variety of programs for children and young adults ages 5-17. From archery and climbing to extended wilderness trips and leadership programs, Camp Pinewood has everything your child will need to have the best summer of their life! Find out more at [www.camppinewood.com](http://www.camppinewood.com) or by calling 231.821.2421.



## Registration Begins for All Camps and Clinics:

March 9 for Leaning Tower Members  
 March 12 for Metro Chicago Members  
 March 23 for Program Members

# day camp

#### Leaning Tower YMCA

6300 W. Touhy Ave  
 Niles, IL 60714  
 (847) 410-5100  
[www.leaningtowerymca.org](http://www.leaningtowerymca.org)



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 Organization  
 US Postage  
**PAID**  
 Niles, IL  
 Permit 2353

# day camp

A summer of fun,  
 a lifetime of memories.



Leaning Tower YMCA



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Niles, IL 60714  
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## Making Memories

Day Camp provides endless opportunities for great memories that last a lifetime. At Day Camp, your child will have the chance to create lifelong friendships and experience an adventurous summer in a safe environment.

Included in the price of day camp are:

- YMCA camp T-shirt
- All field trips
- Pre and Post Camp Hours

## Camp Session Dates

Week 1	June 8-12
Week 2	June 15-19
Week 3	June 22-26
Week 4	June 29-July 2
Week 5	July 6-10
Week 6	July 13-17
Week 7	July 20-24
Week 8	July 27-31
Week 9	August 3-7
Week 10	August 10-14
Week 11	August 17-21
Week 12	August 24-28

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## Liability Statement

The YMCA of Metropolitan Chicago does not carry medical, accidental or loss of personal property insurance for any program participants, due to the fact that it would drastically increase the cost of our program fees. Please review the insurance policies that protect you and your family to be certain that proper coverage is in place.

## Financial Assistance

YMCA Programs and activities are designed to benefit people of all backgrounds. Fees are based on the cost of providing each program. Our policy is to never turn away anyone because of their inability to pay. Scholarships are awarded based upon the applicant's demonstrated ability to pay and the availability of the Leaning Tower YMCA resources. All participants in financial assistance are

encouraged to volunteer, any amount of time they chose, for day camp. Deadline for financial assistance is May 1, 2009.

**Third Party Payments:** Organizations such as Day Care Action Council and Action For Children also provide financial assistance to families. When organizations such as these are utilized for third party payments by camp families, approval must be received PRIOR to a camper's starting the program or the family will have to pay the camp fee in full.

## Fees, Transfers, Cancellations & Refunds

For Y-Kids Camp, Adventure Camp, and Teen Camp a \$25 non-refundable, non-transferable deposit per week must be paid for each week you register your child(ren). This is credited toward your camp fees. The balance of your fee is due no later than 8pm the Wednesday before the following week of camp begins. A \$25 late fee will be assessed for payments made after the preceding Wednesday. Your child will not be allowed in camp if fees are not paid. Deposit and camp fee are non-refundable.

FOR ALL SPORTS CAMPS AND CLINICS PAYMENT IS DUE IN FULL AT TIME OF REGISTRATION.

## Y's Kids Camp

**Age:** 3-going into Kindergarten  
**Camp Hours:** 9:00am-1:00pm  
**Location:** Kiddie Kollege Classroom, Lower Level  
**Description:** Our Y's Kids Camp is the perfect place for your preschool-age camper to learn, play and grow. Y's Kids will provide your child with a safe and fun place to interact with other children, participate in games, songs, swim lessons, and structured activities. Y's Kids will help develop your preschooler's physical, social and emotional skills. The Y's Kids also get to go on their own age-appropriate field trips! ALL Y'S KIDS CAMPERS MUST BE POTTY TRAINED.

We have two enrollment options for Y's Kids Camp:  
**Weekly Fees (Mon-Fri):**  
\$80 Members/\$90 Program Members  
**Weekly Fees (M/W/F):**  
\$50 Members/\$60 Program Members

# day camp

## Adventure Camp

**Age:** Pathfinders: going into 1st-2nd grade  
Trailblazers: going into 3rd-4th grade  
Pioneers: going into 5th-6th grade

**Camp Hours:** 9:00am-4:00pm

**Location:** Leaning Tower Y and Bunker Hill Forest Preserve.

**Description:** Adventure Camp is our full-day day camp for children entering grades one through six. Pre-camp (7:00am-9:00am) and post-camp (4:00pm-6:00pm) care are held at Leaning Tower YMCA at the back track. Swimming and other indoor activities also take place at Leaning Tower. Campers spend three days a week at Bunker Hill Forest Preserve. In addition, Adventure Camp goes on an exciting field trip every Wednesday. Field trips include water parks, arcades and baseball games. On Thursdays we also have an all-camp cookout, featuring a different menu every week. We also have a Healthy Kids camp component; all campers participate in healthy fitness activities every week.

**Weekly Fees:** \$156 Members/  
\$176 Program Members

## Teen Camp

**Age:** going into 7th-9th grade  
**Camp Hours:** 9:00am-4:00pm  
**Location:** Leaning Tower Y and Bunker Hill Forest Preserve  
**Description:** Our teen camp provides teens with a fun and safe environment in which to spend their summers. The pre- (7:00am-9:00am) and post-camp (4:00-6:00pm) care hours are available to Teen Camp participants as well. Our Teen group gets to participate in all of the exciting Adventure camp activities, such as swimming, cookout and field trips. In addition, Teen Camp gets to go on a second field trip a week, which the Teen Campers help plan. They also participate in community service activities, and plan and run FUNdraisers, such as bake sales and car washes, to raise money for their end-of-the-summer field trip to SIX FLAGS GREAT AMERICA! Teens also take part in healthy fitness activities, such as kick-boxing and spinning, and can develop their leadership skills through team-building activities and by assisting our Pathfinder counselors in leading activities for the younger campers!  
**Weekly Fees:** \$170 Members/  
\$190 Program Members

## YOUTH & TEEN SPORTS CAMPS AND CLINICS

The Leaning Tower YMCA is once again offering a variety of different sports camps this summer, for kids of all ages. For more information please Scott Hase, Sports Coordinator at (847) 410-5138.

## Preschool Sports Camp

**Age:** 3-6 **Location:** Leaning Tower YMCA  
Come and explore a world with a wide variety of sports. Each day, your child will learn the fundamentals of a new sport and meet new friends. Preschool Sports Camp is an excellent way to find your child's sport interests. Please bring a lunch and water bottle each day to camp.  
**Summer I Dates:** July 6-16,  
Tue & Thu or Mon & Wed  
**Hours:** 1:00-3:00pm  
**Fee:** \$35 Members/\$70 Program Members  
**Summer II Dates:** July 28-Aug. 6, Tue & Thu  
**Hours:** 1:00-3:00pm  
**Fee:** \$35 Members/\$70 Program Members

## Lacrosse Camp

**Age:** 6-17 **Location:** Outside Field  
Come try the fastest growing sport in America. Learn the basics of stick handling, passing, shooting, defense and more. In addition, we will introduce the participants to basic game strategies. All equipment will be provided for the participants. Please bring a lunch and water bottle each day to camp.  
**Summer I Dates:** July 6-10, Mon-Fri  
**Hours:** 10:00am-12:00pm  
**Fee:** \$70 Members/\$140 Program Members  
**Summer II Dates:** Aug. 17-21, Mon-Fri  
**Hours:** 10:00am-12:00pm  
**Fee:** \$70 Members/\$140 Program Members

## Green Level Training Golf Clinic

**Age:** 8-13  
This program gives youngsters practical experience on the golf course using a fun format that stresses the importance of learning the rules and etiquette of the game. Each participant must have a set of clubs and a basic understanding of golf fundamentals. Please bring a lunch and water bottle each day to camp.  
**Summer I** Registration deadline May 31  
**Dates:** June 8-12, Mon-Fri  
**Hours:** 10:00am-2:00pm  
**Fee:** \$65 Members/\$130 Program Members  
**Summer II** Registration deadline July 18  
**Dates:** July 27-31, Mon-Fri  
**Hours:** 10:00am-2:00pm  
**Fee:** \$65 Members/\$130 Program Members

## Tee Level Golf Clinic

**Age:** 8-13  
Each participant is provided with a new starter set of golf clubs, golf balls, tees, hat and shirt; instruction of basic swing fundamentals; presentations on different golf topics; and upon completion the participants keep all the equipment. Please bring a lunch and water bottle each day to camp.  
**Summer I** Registration deadline June 27  
**Dates:** July 20-24, Mon-Fri  
**Hours:** 10:00am-2:00pm  
**Fee:** \$160 Members/\$195 Program Members  
**Summer II** Registration deadline August 1  
**Dates:** Aug. 24-28, Mon-Fri  
**Hours:** 10:00am-2:00pm  
**Fee:** \$160 Members/\$195 Program Members

## Disc Golf Camp

**Age:** 9-13  
Come throw with us! This camp will teach the fundamentals of disc golf. You will learn how to play the game, including skills on throwing and putting, rules and terminology. We will be playing different courses in the area each day. Please bring a lunch and water bottle each day to camp.  
**Dates:** June 15-June 18, Mon-Thu  
**Hours:** 10:00am-2:00pm  
**Fee:** \$60 Members/\$120 Program Members

## Challenge Golf League

**Age:** 8-13  
The Challenge Golf League is for golfers who meet a minimum skill requirement and have passed a rules and etiquette test. These golfers are placed on teams and compete each week against another team in the league using a fun, match-play format. Please bring a lunch and water bottle each day. Registration deadline May 31.  
**Dates:** June 18-Aug. 6, Thu  
**Hours:** 9:30am-1:00pm  
**Fee:** \$75 Members/\$150 Program Members

## Flag Football Camp

**Age:** 6-9  
This camp will provide participants with a fun atmosphere that shows beginners the fundamentals as well as the rules of football. Kids will learn technique in flag football, which will give them a basic understanding of how real football is played. Please provide your child with a water bottle everyday.  
**Dates:** Aug. 10-14, Mon-Fri  
**Hours:** 10:00am-12:00pm  
**Fee:** \$40 Members/\$80 Program Members

## British Soccer Camps

**Dates:** June 22-June 25  
A professional British coaching staff will work with all participants to improve individual skills, through an innovative camp curriculum. Each participant will receive a FREE ball and T-shirt with their camp fee. In addition, if you sign up online at www.challengersports.com at least 45 days prior to camp, you will receive a FREE replica soccer jersey.

### First Kicks

**Age:** 3-4  
**Hours:** 9:00-10:00am **Fee:** \$86

### Mini Kicks

**Age:** 4-6  
**Hours:** 10:10am-12:10pm **Fee:** \$111

### Half Day

**Age:** 6-8  
**Hours:** 9:00am-12:00pm **Fee:** \$130

**Age:** 9-11  
**Hours:** 1:00-4:00pm **Fee:** \$130

**Age:** 12-14  
**Hours:** 1:00-4:00pm **Fee:** \$130

## Basketball Camp

**Age:** K-2nd Grade  
Come learn the fundamentals of basketball at the LTY! Each day we will be working on passing, dribbling and shooting skills throughout camp. The emphasis will be focused on skill development, games and fun. Please bring a lunch and water bottle each day to camp. Summer I Only.  
**Dates:** June 22-26, Mon-Fri  
**Hours:** 10:00am-1:00pm  
**Fee:** \$21 Members/\$42 Program Members

## Tennis Camp

**Age:** 6-13 **Location:** TBD  
This camp gives beginning tennis players an introduction to the game. We will be covering basic rules and etiquette, all tennis strokes, terminology, and more. Racquets will be provided for any participant who does not have one. Please bring a lunch and water bottle each day to camp.  
**Dates:** Aug. 3-7, Mon-Fri  
**Hours:** 10:00am-1:00pm  
**Fee:** \$50 Members/\$100 Program Members

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